



KIDS CAFÉ MENU

WEEK 1

DATE: March 4th thru 8th

Monday

Breakfast: Cereal, Milk & Craisins
Lunch: Chicken Alfredo, Green Beans , Peaches, Milk
P.M. Snack: (WG)Wheat Thins W/ cheese, Pineapple

Tuesday

Breakfast: (WG)Wheat English muffin, Jelly , Milk & Pineapple
Lunch: Pulled Pork w Brown Rice, Corn, Applesauce, Milk
P.m. Snack: Bananas W/ Graham Crackers

Wednesday

Breakfast: Yogurt, Milk & Apple Juice
Lunch: Chicken Patty W/ Cheese, (WG) Wheat Bun, Peas, Oranges, Milk
P.m. Snack: String Cheese W/ Crackers

Thursday

Breakfast: Cereal, Milk & Mandarin Oranges
Lunch: Turkey & Cheese on (WG) Wheat Bread. Tater Tots, Pineapple, Milk
P.m. Snack: Craisins, gold fish

Friday

Breakfast: Mini Muffins, Milk & Apple Juice
Lunch: Beef Tips, Mash Potatoes, Pears, Milk
P.m. Snack: Tortilla Chips w/cheese

Cereal served: Cherrios, Crispy Rice, Kix, Toasty O's, or Corn Flakes

Children 2 yr old and up require unflavored 1% milk under 2 yr old require unflavored whole milk